

International FESS Course Ghent 2026

Preliminary Programme — 7–9 September 2026

MONDAY 7th September		
Time	Topic	Speaker
8:00	Welcome and introduction	<i>T Van Zele</i>
8:15	3D anatomy of paranasal sinuses	<i>A Strzembosz</i>
MODULE 1 — Isolated / Unilateral Sinus Disease		
8:40	Disease phenotypes and pathophysiology: odontogenic sinusitis, fungus ball, recalcitrant maxillary sinusitis, antrochoanal polyps	<i>R Harvey</i>
9:10	Relevant anatomy & surgical technique: middle meatal antrostomy, mega-antrostomy	<i>J Grayson</i>
MODULE 2 — Primary Diffuse CRS / Inflammatory Rhinosinusitis		
9:30	Disease phenotypes and pathophysiology: type 2 / non-type 2 CRS, CCAD, AFRS	<i>R Harvey</i>
10:00	 Coffee break (30 min)	
10:30	Relevant anatomy & surgical technique: complete fronto-spheno-ethmoidectomy, full-house ESS	<i>T Van Zele</i>
11:00	Medical therapy for chronic rhinosinusitis	<i>AS Eeckels</i>
11:30	Biologicals for CRS	<i>P Gevaert</i>
12:00	 Lunch break (60 min)	
DISSECTIONS — Module 1 & 2		
13:00	Demo & Dissection: handling endoscope and instruments, intranasal anatomy, correction of septal deformity, middle meatal antrostomy, IMA and SPA ligation (120 min)	<i>A Strzembosz J Grayson</i>
15:00	 Coffee break (30 min)	
15:30-18:00	Demo & Dissection: complete ethmoidectomy, DRAF 2a, Carolyn's window (120 min)	<i>R Harvey G Adriaensen</i>

TUESDAY 8th September		
Time	Topic	Speaker
MODULE 3 — Neoplasia / Masses of the Ethmoid & Frontal Sinus		
8:30	Masses of the ethmoid and frontal region: benign osseous lesions, mucocoeles, CSF leaks	<i>C Georgalas</i>
9:00	Relevant anatomy & surgical technique: DRAFIb, DRAF2c, DRAF3, Carolyn's window	<i>Ri Harvey</i>
MODULE 4 — Around the Maxillary Sinus		
9:30	Masses of the maxillary sinus: juvenile nasopharyngeal angiofibroma (JNA), inverted papilloma (IP), odontogenic cysts, DCR (30 min)	<i>MB Sprekelsen</i>
10:00	 Coffee break (30 min)	
10:30	Relevant anatomy & surgical technique: mega-antrostomy, prelacrimal approach, modified medial maxillectomy, DCR	<i>G Adriaensen</i>
11:00	Chief complaint Headache: differential diagnosis, sinus headache vs migraine	<i>T Van Zele</i>
11:30	Chief complaint — Nasal obstruction: differential diagnosis & work-up	<i>R Harvey</i>
12:00	 Lunch break (60 min)	
DISSECTIONS — Module 3 & 4		

13:00	Demo & Dissection: frontal trephine, DRAFIb, DRAF2c, DRAF3, Carolyn's window, orbital transposition (120 min)	<i>R Harvey Gwijde Adriaensen</i>
15:00	 Coffee break (30 min)	
15:30 - 18:00	Demo & Dissection: mega-antroostomy, modified medial maxillectomy, prelacrimal approach, DCR (120 min)	<i>T Van Zele C Georgalas MB Sprekelsen</i>

WEDNESDAY 9th September		
Time	Topic	Speaker
MODULE 5 — Managing the Sphenoid Sinus and the Orbit		
08:30	Pathology of the sphenoid sinus: encephalocoeles, fungus ball, osteitis	G Adriaensen
09:00	Relevant anatomy & surgical technique: accessing the sphenoid transnasal, trans-ethmoid, transpterygoid, sphenoid drill-out	S Ahmed
MODULE 6 — The orbit and perioperative care and Complications of ESS		
09:30	The orbit: decompression for thyroid eye to access for frontal and intracranial pathology	S Ahmed
10:00	☕ Coffee break (30 min)	
10:30	The ideal surgical field: haemostasis, anaesthesia, positioning	J Grayson
10:50	Postoperative care: to pack or not to pack, debridement, irrigations	P Gevaert
11:10	Managing complications during and after ESS: bleeding, CSF leak, orbital complications (30 min)	C Georgalas
11:30	Q&A and case discussion	All faculty
12:00	🍽️ Lunch break (60 min)	
DEMO + DISSECTIONS — Module 5 & 6		
13:00	Demo & Dissection: accessing the sphenoid transnasal, trans-ethmoid, transpterygoid, sphenoid drill-out, approach for sellar lesions (120 min)	C Georgalas MB Sprekelsen SAhmed
15:00	☕ Coffee break (30 min)	
15:30	Demo & Dissection: orbital decompression, optic nerve decompression, lateral canthotomy and cantholysis, CSF leak closure (120 min)	Shahz Ahmed
17:30	Final remarks and certificates	Thibaut Van Zele